



Hanging On By Our Fingernails!

Presented by:

TERESA ALLEN

Is your life spinning out of control? Of course it is... you are juggling the roles of life! Join Teresa Allen as she takes you on a rollercoaster ride of fun and high emotion while embracing the sometimes zany yet always touching lives we all lead.

The program opens with a hilarious take-off on comedian Jeff Foxworthy as the audience prompts Teresa saying: *"You might be Hanging On By Your Fingernails IF..."* Teresa then fills in the blanks... *...Your idea of a sexy car is a minivan with a flip down television screen! Your son tells you that you look much older than the picture on the mantel! Your boss asks you to do something in your 'spare' time! ...*

A master storyteller, Teresa then engages your group with true stories of the many challenges we face as we try to balance the roles of our lives... parent, spouse, friend, community volunteer, and YES, sometimes in our spare time...employee!

Filled with hilarity, Teresa's program takes a serious and touching turn when she recounts a point in her life when ambition got in the way of common sense life balance. Teresa reminds us in a meaningful way of how lucky we are to be crazed people living as Americans, free to chose our own path even in a Hanging On By Your Fingernails life. Whether in laughter or tears, your participants will enjoy every moment of this lively and inspirational message!

"Not only was the topic timely, lively, and entertaining, but the audience could relate to Everything you said. We received many rave reviews!"

About Teresa...and does she lead a 'HOBF' life?!

Yes, Teresa does lead a Hanging On By Your Fingernails life! She is owner of a national training and consulting firm, author of two books, a highly requested speaker, an actress in several motion pictures, mother of two grown daughters and two dogs, a past Queen of Mardi Gras and wife of a wonderful husband of 38 years who takes out the garbage on command! A native of Chicago, Teresa now calls the Emerald Coast of Florida home.

Call or email Teresa today. She would love to bring this FUN program to your event!
(special versions of this program available for women's groups!)
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